



**FORMULIR BAGAN ALUR CARA KERJA PRAKTIKUM KBB  
PRODI PROFESI BIDAN FAKULTAS ILMU KESEHATAN  
UNIVERSITAS 'ASYIYAH YOGYAKARTA**

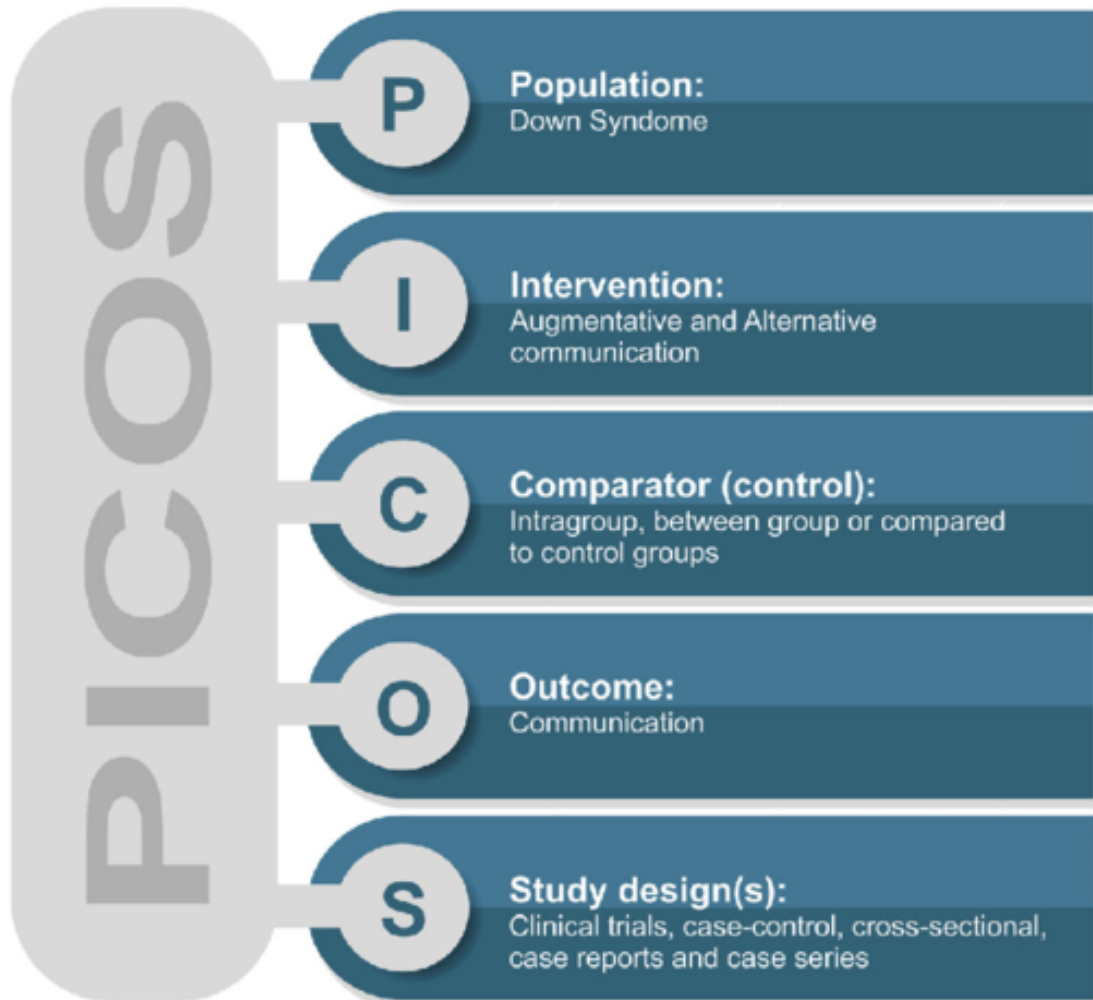
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<b>KELAS/KELOMPOK</b>	<b>A5 / 2</b>
<b>JUDUL PRAKTIKUM</b>	<b>PICOS, PEO, SPIDER</b>

<b>Tema</b>	<p><b>Kehamilan</b></p> <p>Therapi : Apakah yoga hamil efektif dalam menurunkan nyeri punggung bawah pada ibu hamil trimester 3?</p>
<b>PICOS</b>	<p>Population : Expectant mother</p> <p>Intervention : Prenatal yoga</p> <p>Comparison : Not Available</p> <p>Outcome : Low back pain trimester 3</p> <p>Study : Case Series</p>
<b>PEO</b>	<p>Population and their problems : Expectent Mother</p> <p>Exposure : Prenatal yoga</p> <p>Outcomes or themes : Low back pain trimester 3/ painful / pain degree</p>
<b>SPIDER</b>	<p>Sample : Expectant mother / pregnant women</p> <p>Phenomenon of Interest : Prenatal yoga</p> <p>Design : Observation study</p> <p>Evaluation : Low back pain</p> <p>Research type : Quantitative</p>

Yogyakarta, 19 November 2020  
Menyetujui  
Dosen Pengampu Praktikum

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## CONTOH:



<b><i>Key concepts based on PEO framework</i></b>	<b><i>Associated synonyms/MeSH</i></b>
<b>Population:</b> Midwives	Midwife/midwives/midwifery Nurse-midwife Birth attendant(s) Traditional birth attendant(s)
<b>Exposure:</b> eHealth and mHealth	eHealth mHealth telehealth telemedicine mobile health electronic health telecommunication(s) digital health information and communication technology/technologies ICT information technology/technologies internet mobile technology/technologies text message(s)/messaging
<b>Outcome:</b> Perspectives (of the population)	Perspective(s) View(s) Opinion(s) Perception(s)/perceive(s) Belief(s)/believe Thoughts/think Experience(s) Attitude(s)

\*The three concepts and their synonyms were combined in Boolean phrases, using 'AND' and 'OR' where necessary in search strings.

<b>Search component</b>	<b>Description</b>	<b>Search term and synonyms</b>
(S) sample	Women experiencing midwifery care	(patient OR wom* OR mother* OR matern*)
(PI) phenomenon of interest	Studies related to the care received from midwives	Midwifery AND Care
(D) design	Any qualitative design using participant quotes as data, no limits on publication dates	(Ethnography OR interview OR synthesis OR focus group OR meta-synthesis OR secondary analysis)
(E) evaluation	Studies related to the lived experiences, satisfaction and perceptions of women	(view* OR experience* OR expect* OR satisf* OR perception* OR attitude* OR qualit* OR participat* OR opinion*)
(R) research type	Qualitative or mixed-methods	Qualitative OR mixed-methods

*Note:* <sup>a</sup> Cooke, A., Smith, D., & Booth, A. (2012). Beyond PICO: The SPIDER Tool for Qualitative Evidence Synthesis. *Qualitative Health Research*, 22(10), 1435–1443. <https://doi.org/10.1177/1049732312452938>