

# DOA BELAJAR

رَضِيْتُ بِاللّٰهِ رَبِّا وَبِالْإِسْلَامِ دِيْنًا وَبِمُحَمَّدٍ نَّبِيًّا وَرَسُولًا  
رَبِّيْ زِدْنِيْ عِلْمًا وَارْزُقْنِيْ فَهْمًا

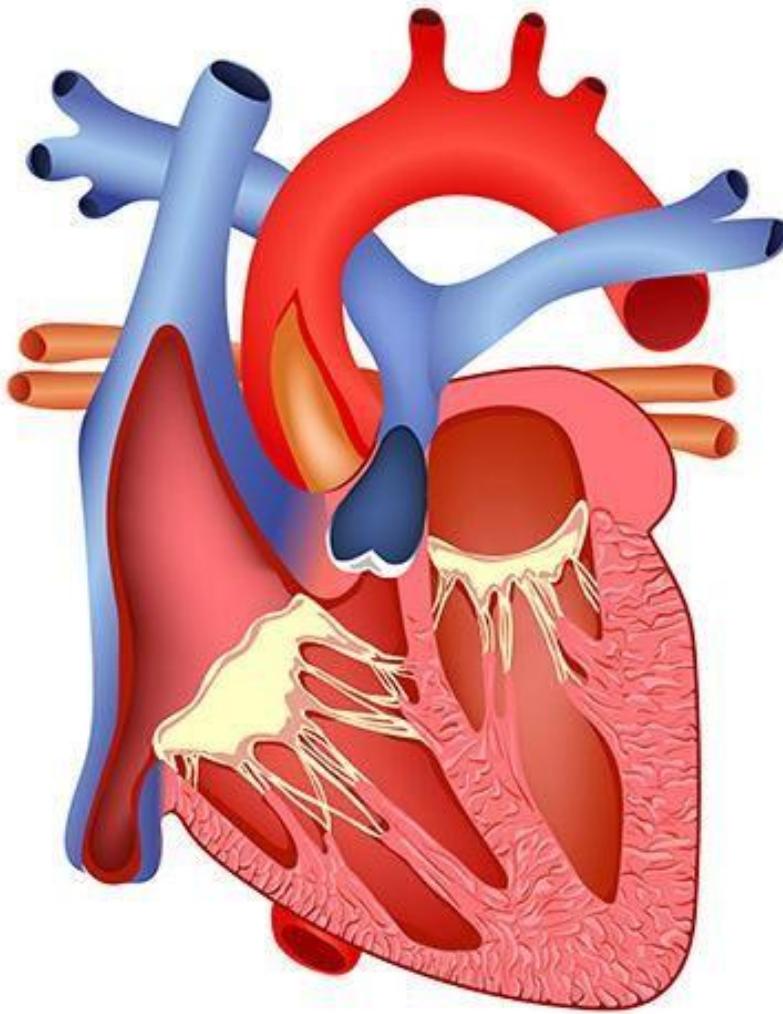
“Kami ridho Allah SWT sebagai Tuhanmu, Islam sebagai agamaku, dan Nabi Muhammad sebagai Nabi dan Rasul, Ya Allah, tambahkanlah kepadaku ilmu dan berikanlah aku kefahaman”

# Electrical Activity of the Heart

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# Learning Objective

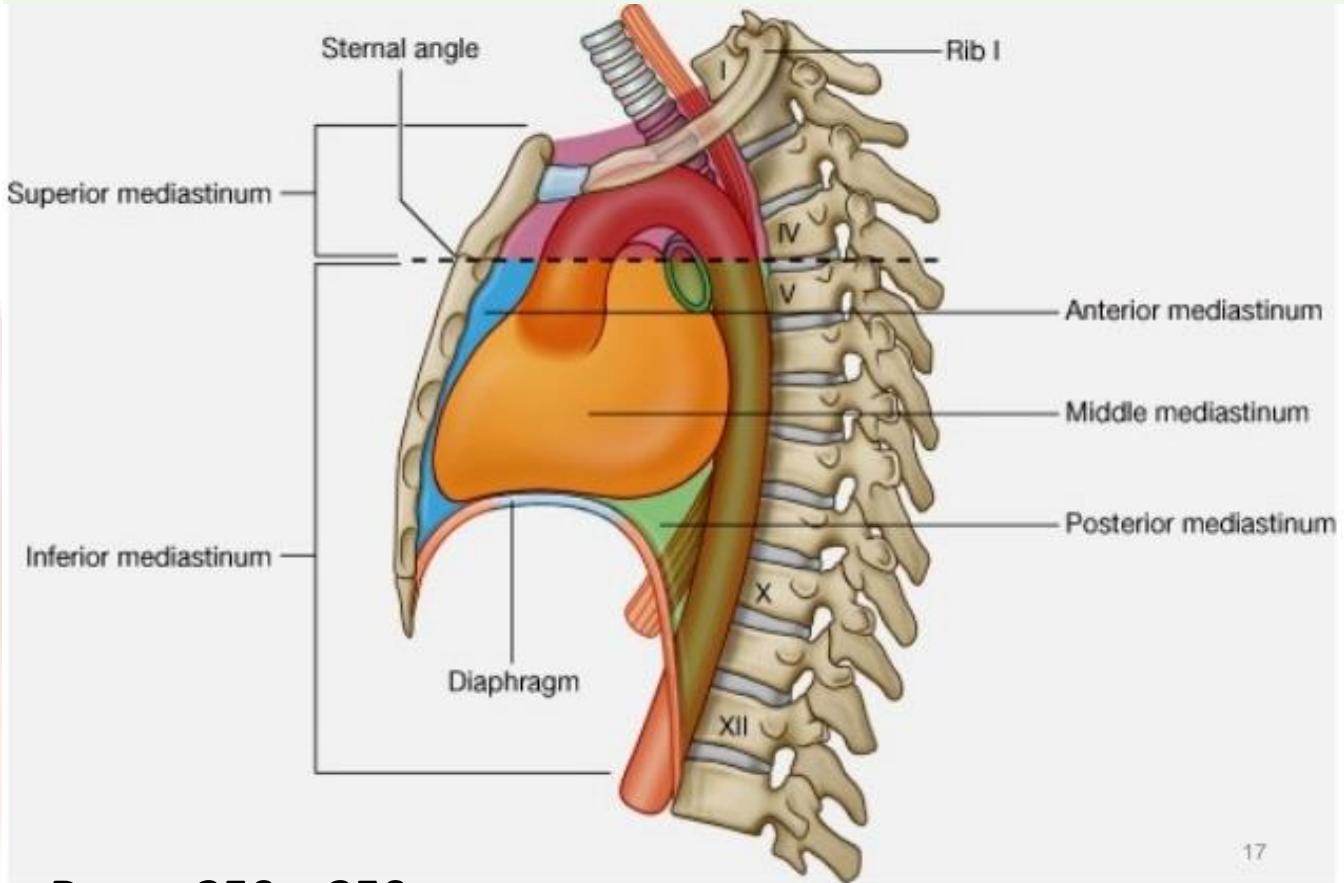
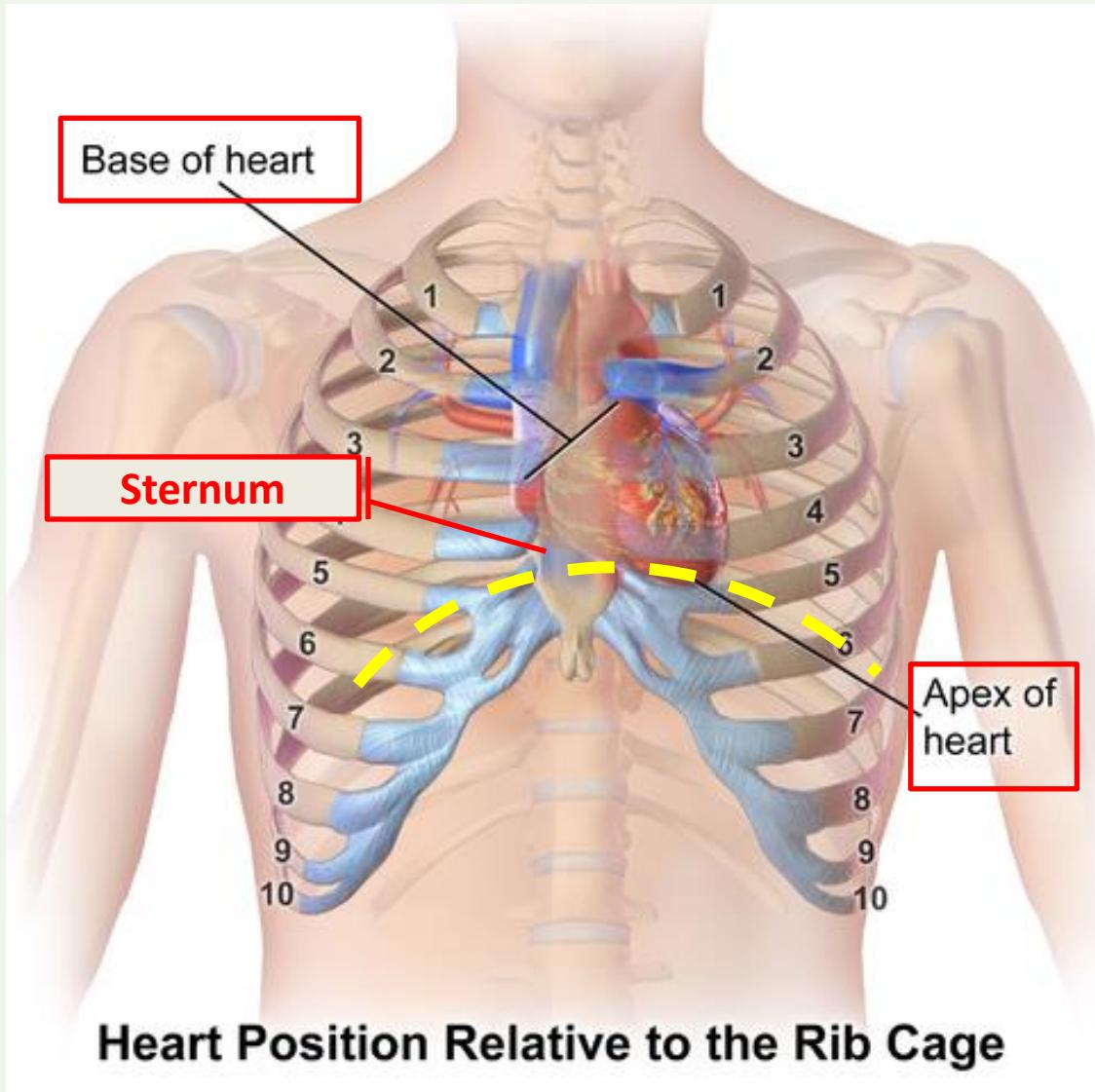
- To Review anatomy of the heart
- To understand the physiology of cardiac muscle
- To understand the electrical activity of the heart
- To review the cardiac cycle





# Anatomy

## HEART POSITION

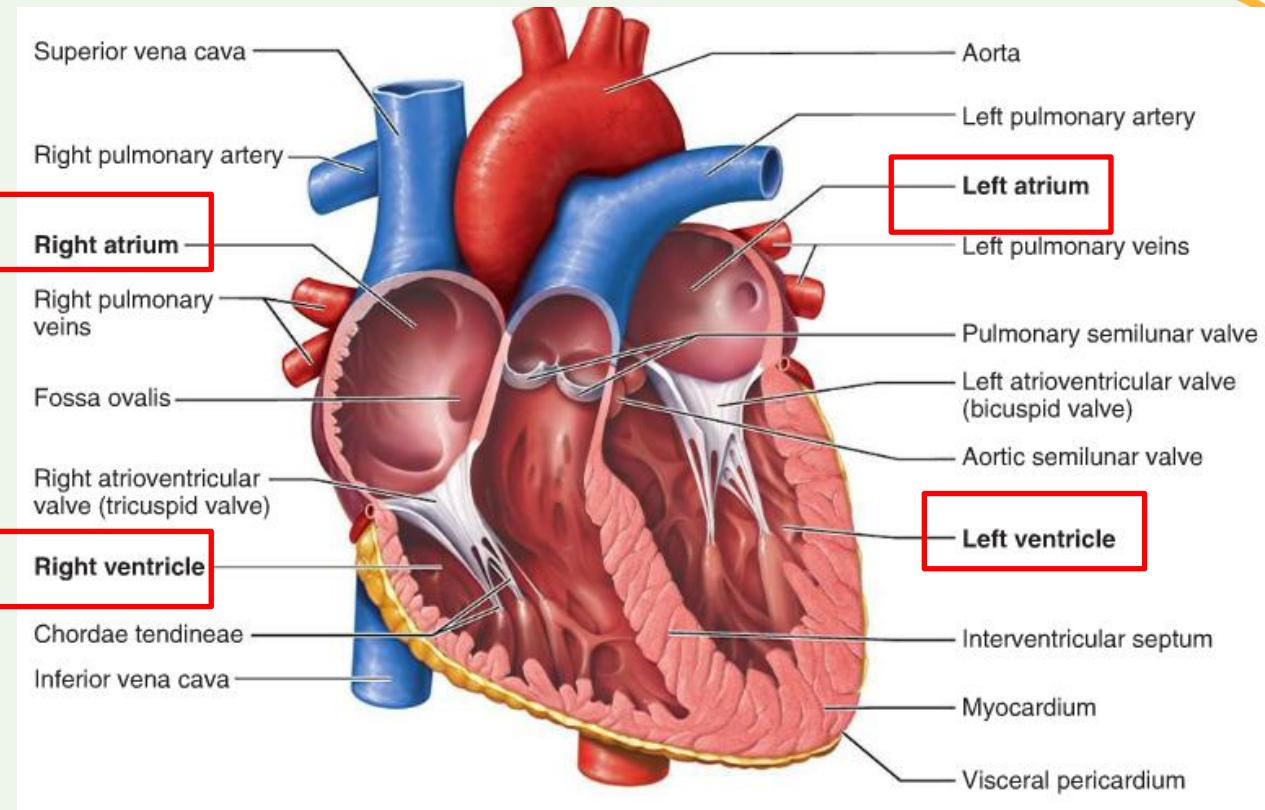
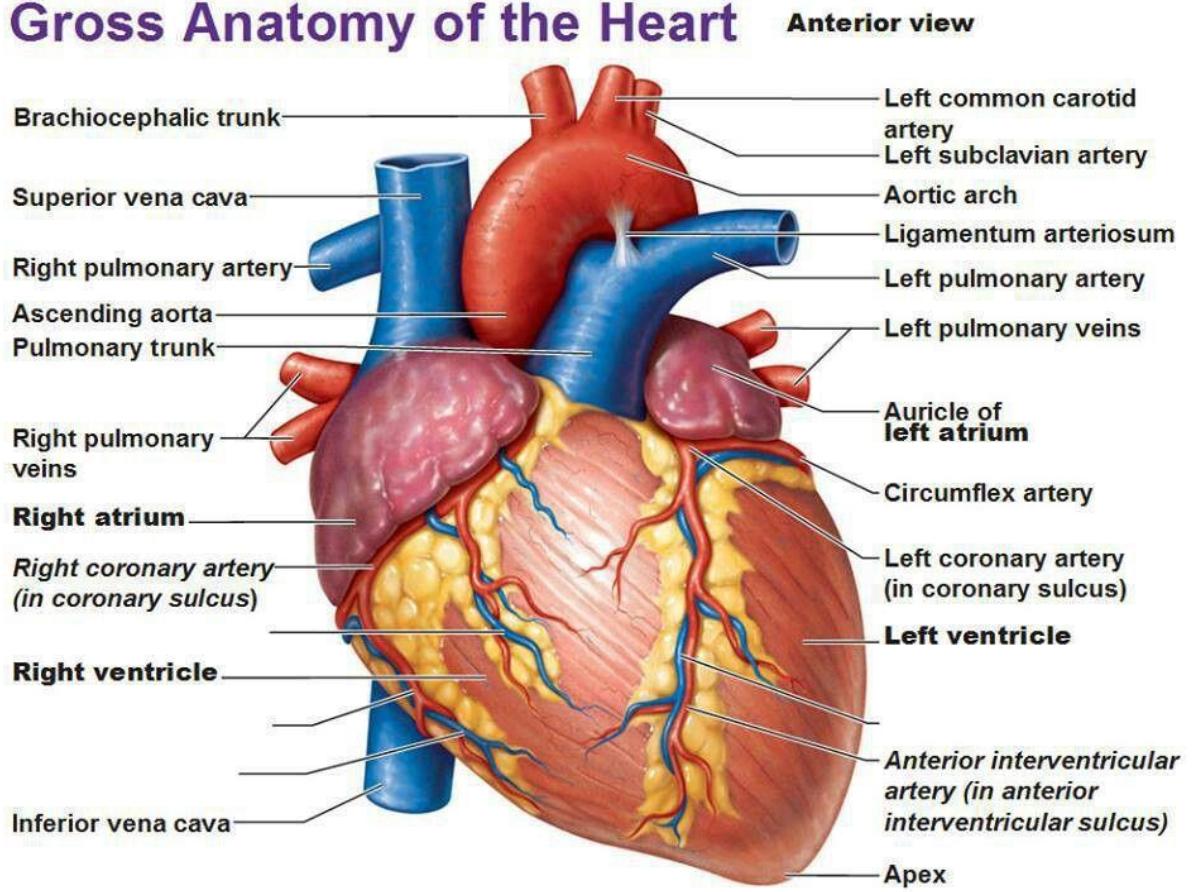


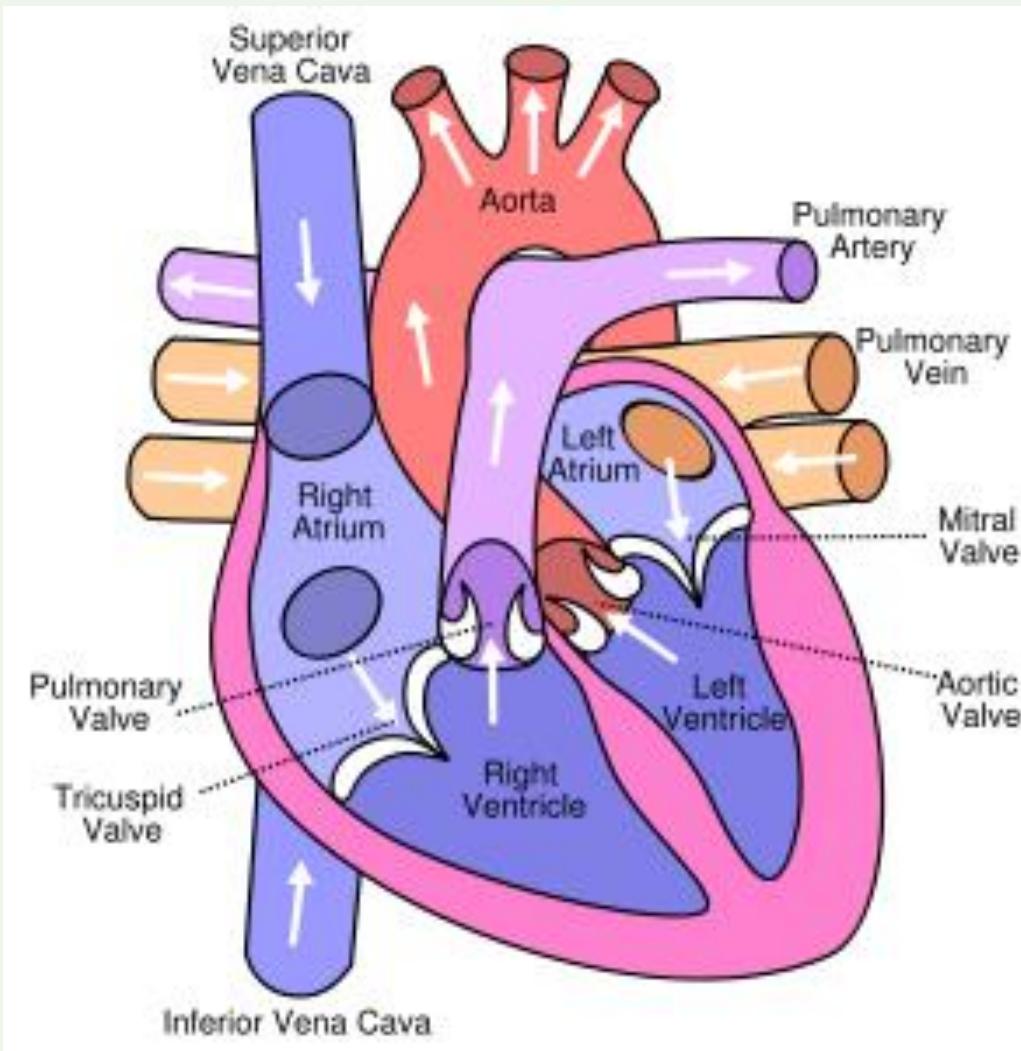
Berat: 250 – 350 gram

Debaran apeks / ictus cordis / punctum maximum



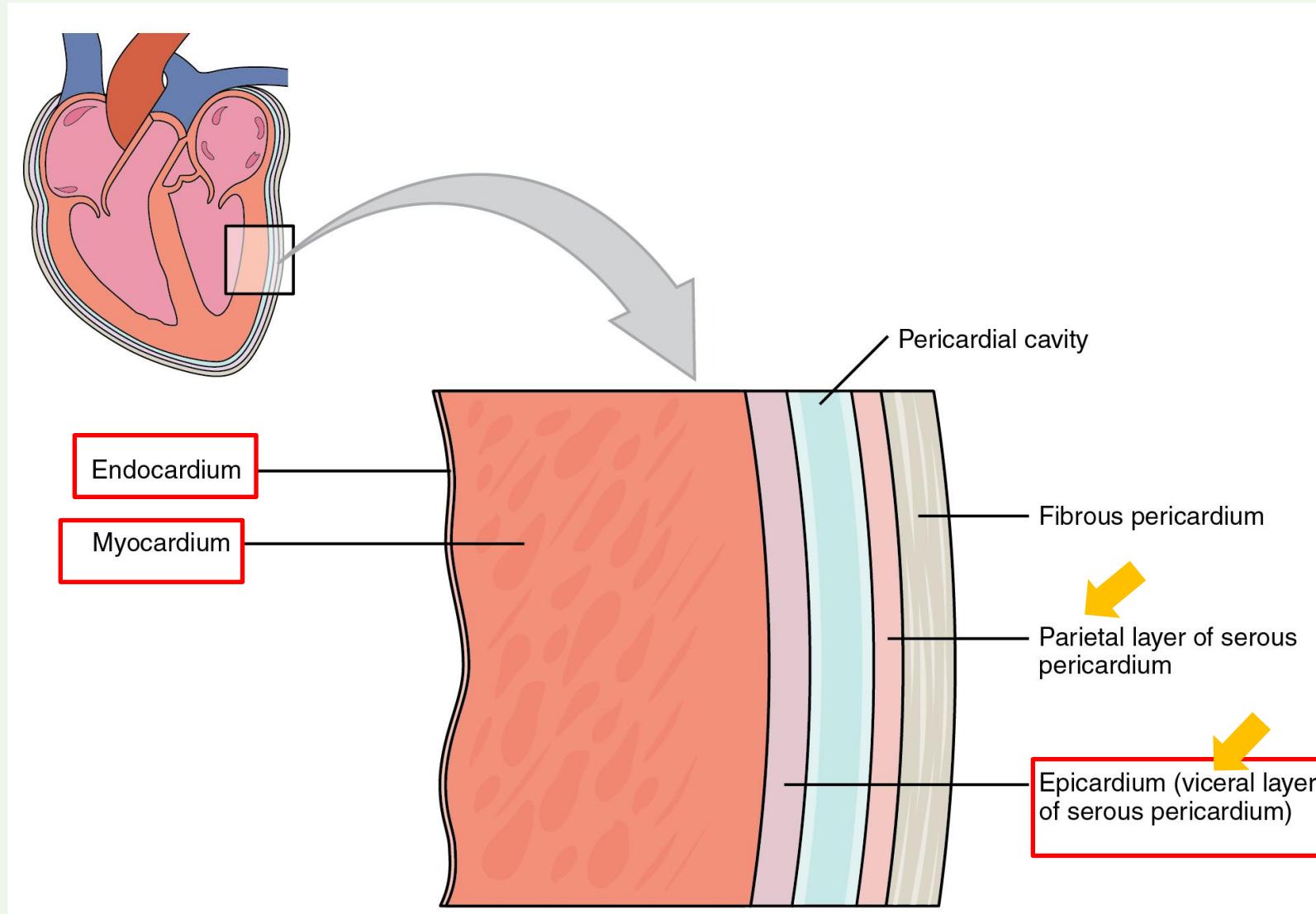
## Gross Anatomy of the Heart







## Heart Wall

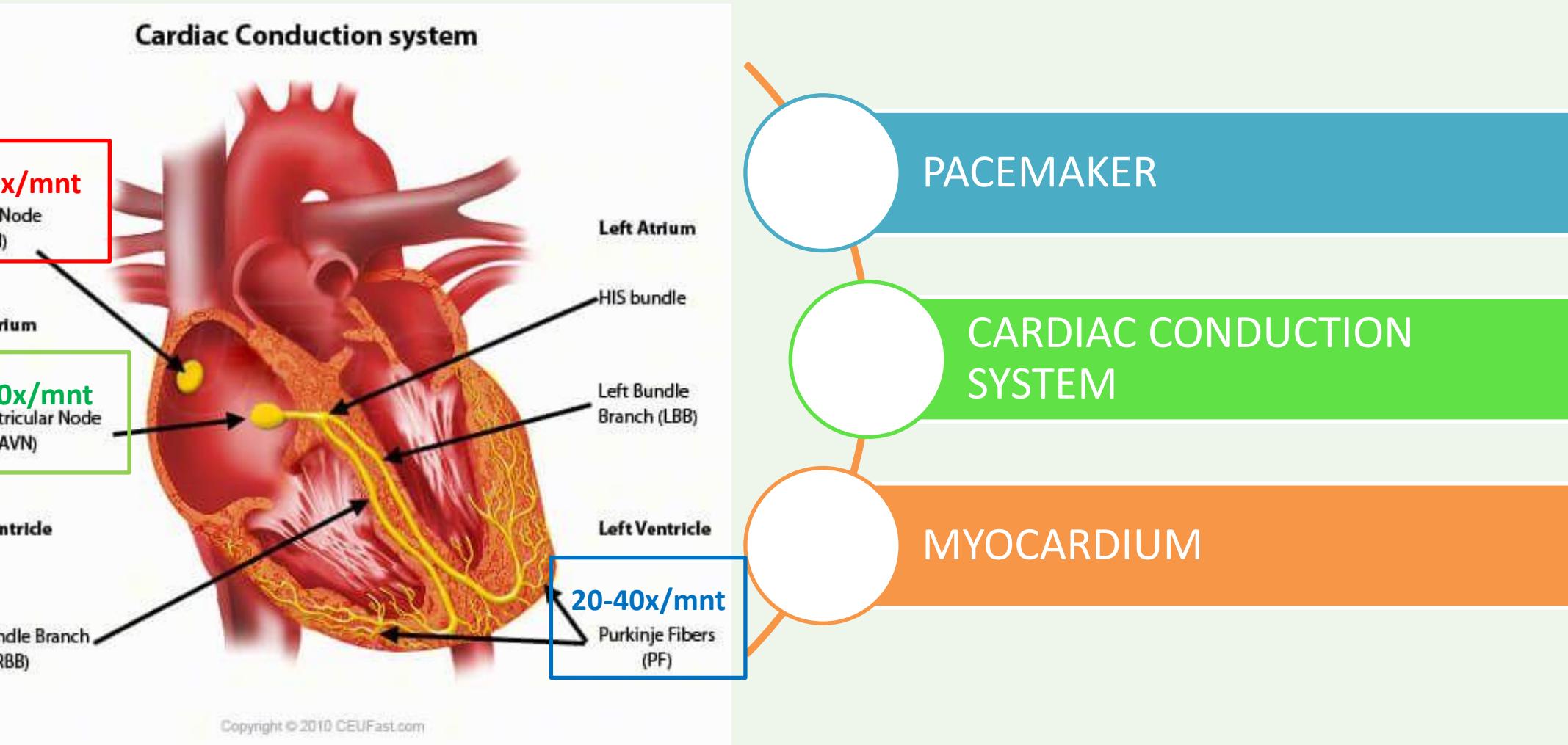


## HEART ANATOMY

- Consist of 4 chambers and 4 valves:
  - Right atrium
  - Left atrium
  - Right ventricle
  - Left ventricle
- Heart is influenced by the **autonomic** nerve system.
  - **Sympathetic** → atrial, ventricle and arteria coronaria
  - **Parasympathetic** → pacemaker cells

The **heart wall** is comprised of 3 layers:

- the outer **epicardium**
- the middle myocardium
- the inner **endocardium**



**Two** types of cardiac muscle cells:

1. Ordinary/**contractile**/worker cell
  - Up to **95-99%** of heart muscle cell
  - Structurally/biochemically similar to skeletal muscle
2. Specialized / **autorhythmic** cell
  - Remaining **1-5%**
  - Initiation and transportation of electrical impulses
  - **Pacemaker** potential → automaticity of the specialized cell (ability to depolarize spontaneously).

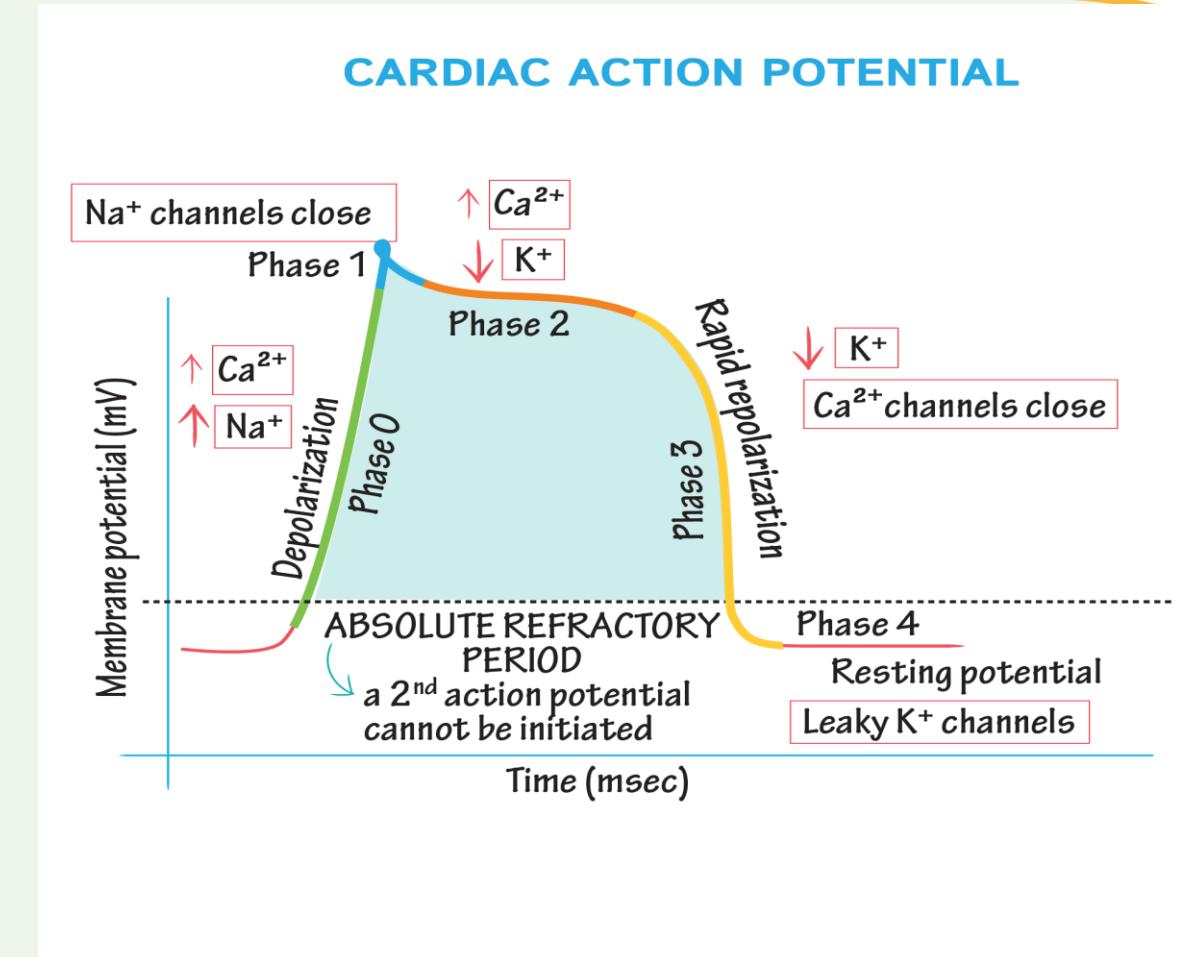
# Action Potential

- Process → electrical impulse increase the threshold → cause a muscle contraction
- Both cells have different potential action.
- Potential action from autorhythmic cell → depolarization wave to the ordinary cell via 'gap junction' → cardiac contraction.
- Key components:
  1.  $\text{Na}^+$  channel
  2.  $\text{Ca}^{2+}$  channel
  3.  $\text{K}^+$  channel



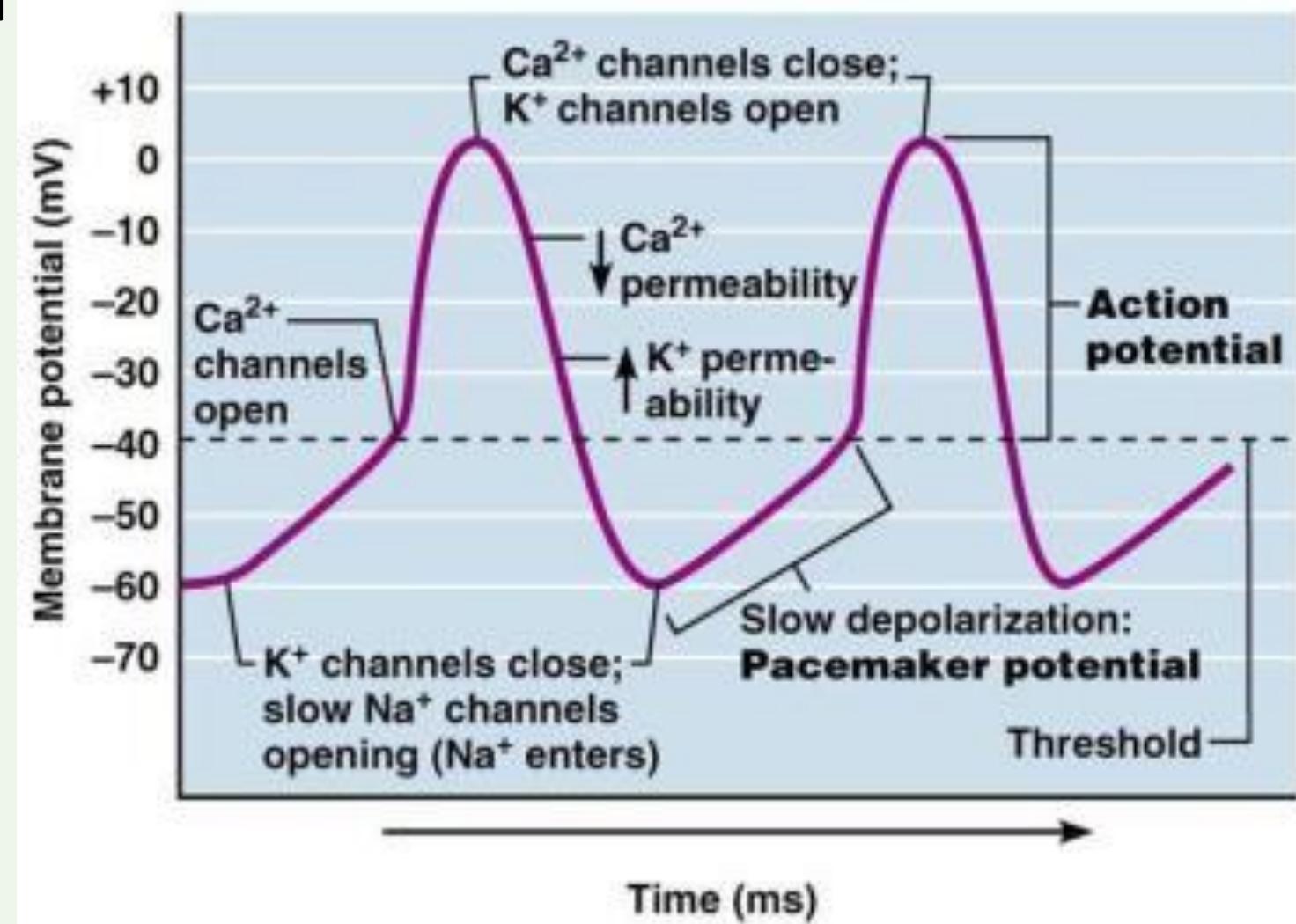
# Action Potential-Contractile Cell

- Depends on the potential action of the **autorhythmic cell**.
- Positive ion from autorhythmic cell is transferred via gap junction and induced voltage changes
- 4 Phase:
  1. Depolarization
  2. Plateau
  3. Repolarization
  4. Resting potential



# Action Potential- Autorhythmic Cell

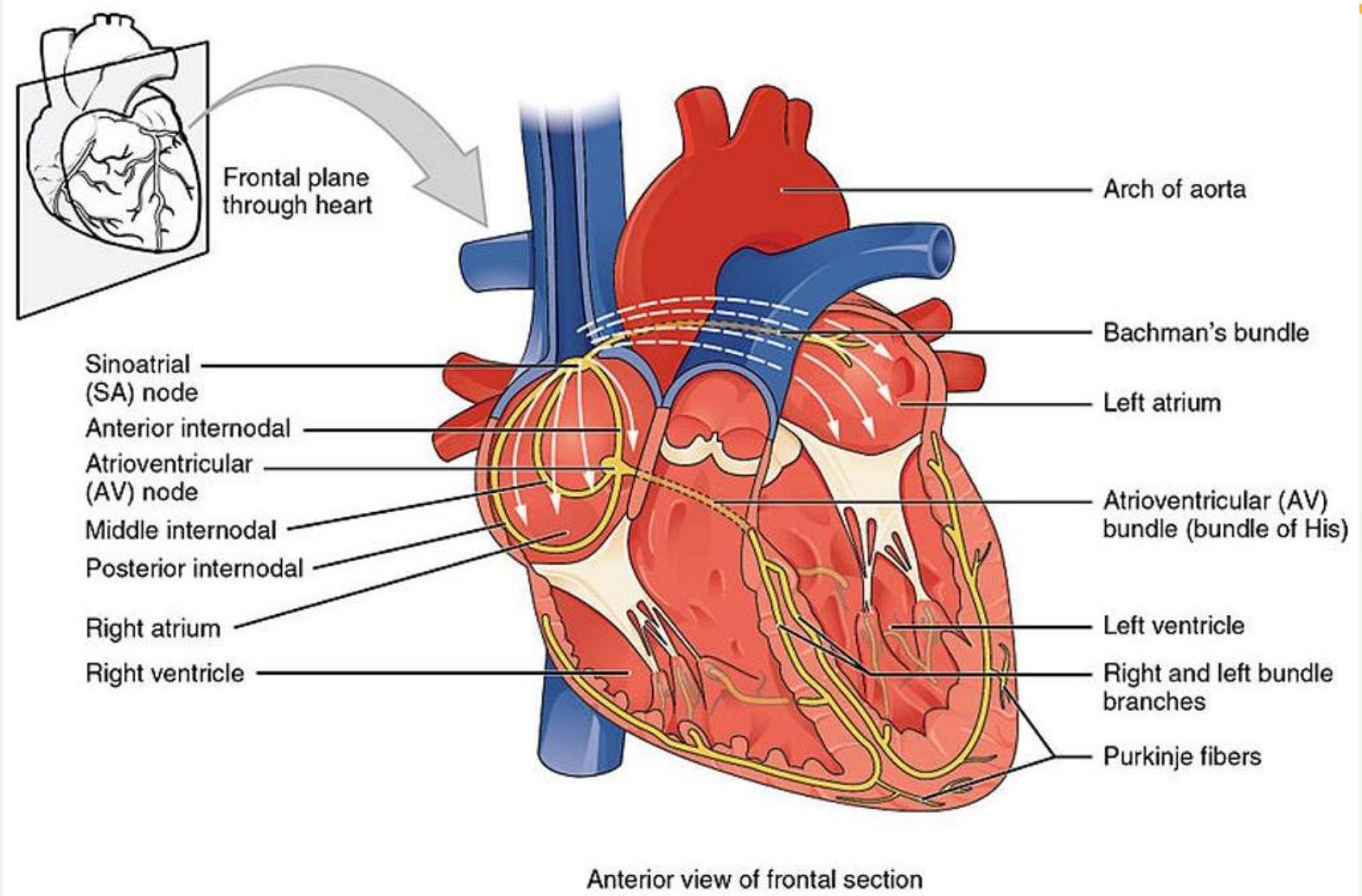
- Self-Induce action potential
- 3 Phase:
  1. pacemaker potential
  2. depolarization
  3. repolarization



# CARDIAC CONDUCTION SYSTEM

# The Pacemaker Cell

- 4 pacemaker cells:
  1. SA node
  2. AV node
  3. Bundle of HIS
  4. Purkinje fibers
- EKG helps to monitor normal heart electrical activity



## The Pacemaker Cell

In 1907, Keith and Flack found SA node in the superior **posterolateral** of the right atrial wall.

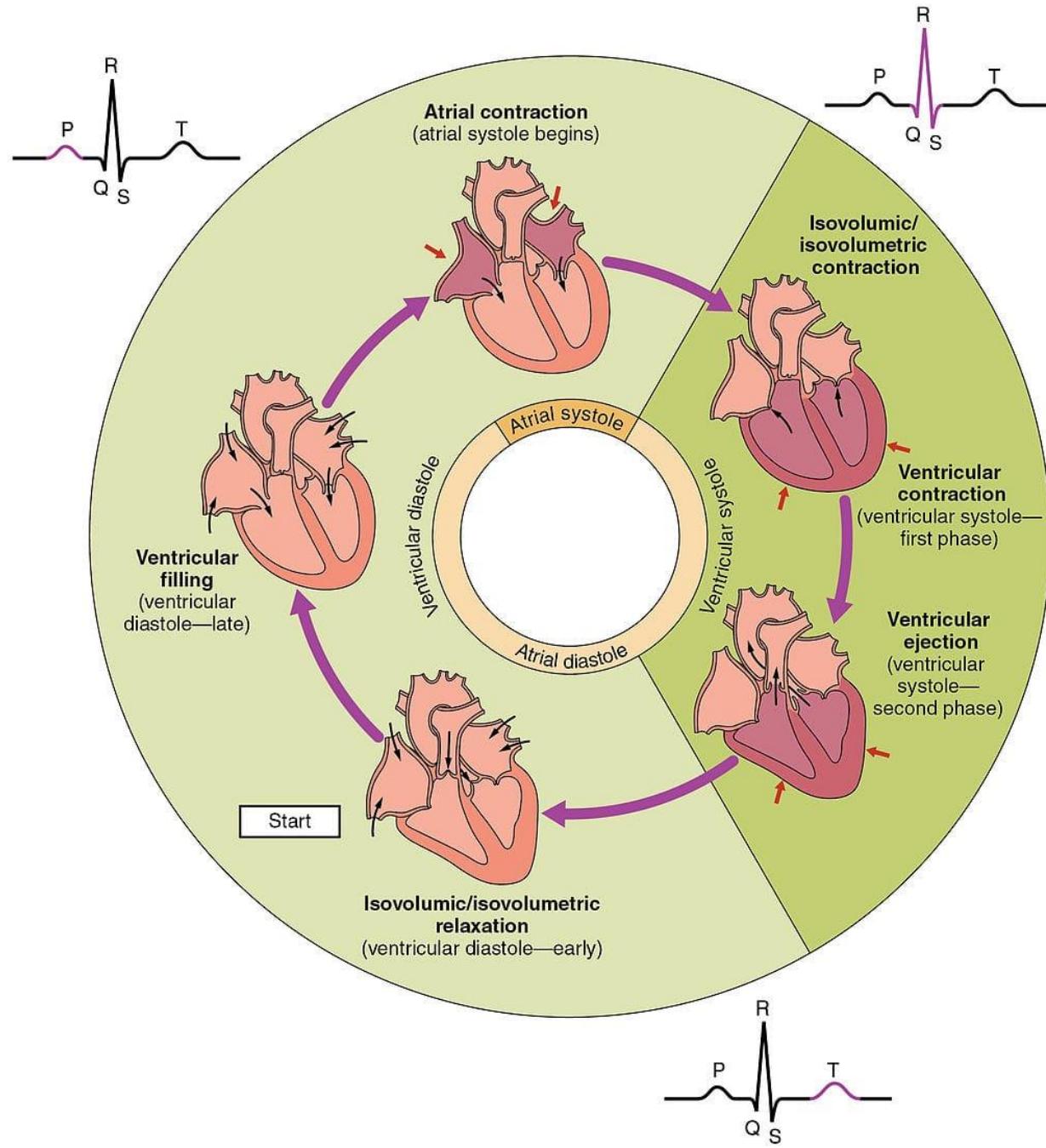
- SA node: small, thin, ellipse 3x15x1mm.

AV node is located in **posterior** wall of the right atrial.

- AV node : a gateway impulse to bundle HIS and Purkinje fibers.

- Consist of a period of **diastole** (relaxation) and **systole** (contraction).
- Phase:
  - ✓ **Isovolumic contraction/isovolumetric** → pressure rise without volume change
  - ✓ **Ejection**
  - ✓ **Isovolumic relaxation** → pressure down without volume change

## HEART CYCLE



# QUIZ

- 1. Ceritakan secara singkat elektrivitas jantung!**
- 2. Jantung memiliki ..... Ruang.**
- 3. Apa itu EKG?**

## Take Home Message

- Peacemaker cells are SA node, AV node, bundle of HIS, and purkinje fibers.
- Peacemaker cells produce potential action to make the heart working properly as a pump.
- Electricity of the heart is a key to understand EKG.
- EKG helps to monitor the electrical activity of the heart.

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# PENUTUP BELAJAR

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

اللَّهُمَّ أَرْنَا الْحَقَّ حَقًّا وَارْزُقْنَا اتِّبَاعَهُ وَأَرْنَا الْبَاطِلَ بَاطِلًا وَارْزُقْنَا اجْتِنَابَهُ

Ya Allah Tunjukkanlah kepada kami kebenaran sehingga kami dapat mengikutinya,

Dan tunjukkanlah kepada kami keburukan sehingga kami dapat menjauhinya.



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