

Nama : Jelida Puspitasari

NIM : 1710301169

Kelas : 8 C Fisioterapi



D1 Flexion

- Shoulder : (flexion, adduction, external rotasi)
 - Forearm : (Supination)
 - Wrist : (Radial Flexion)
 - Fingers : (Flexion)



D1 Extension

- Shoulder : (extension, abduction, internal rotation)
 - Ferarm : (pronation)
- Wrist : (Ulnar extension)
- Fingers : (extension)