

1. Pattern D1

- Shoulder : Flexion, Adduksi, Exorotasi
- Arm : Supinasi
- Wrist : Radial Flexion
- Fingers : Flexion



2. Pattern D1

- Shoulder : Extension Abduksi, External rotasi
- Arm : Pronasi
- Wrist : Ulnar Extension
- Fingers : Extension



3. Pattern D2

- Shoulder : Flexion, Abduksi, External rotasi
- Arm : Supinasi
- Wrist : Radial Flexion
- Fingers : Extension



4. Pattern D2

- Shoulder : Extension Adduksi, Internal rotasi
- Arm : Pronasi
- Wrist : Ulnar Extension
- Fingers : Flexion

