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KELAS : 8C FISIOTERAPI

D1 Flexion  
Shoulder: Flexion, adduction,  
external rotation  
Forearm: Supination  
Wrist: Radial flexion  
Fingers: Flexion



D2 Extension  
Shoulder: Extension, adduction,  
internal rotation  
Forearm: Pronation  
Wrist: Ulnar extension  
Fingers: Flexion

D2 Flexion  
Shoulder: Flexion, abduction,  
external rotation  
Forearm: Supination  
Wrist: Radial flexion  
Fingers: Extension



D1 Extension  
Shoulder: Extension, abduction,  
internal rotation  
Forearm: Pronation  
Wrist: Ulnar extension  
Fingers: Extension