

Nama : Tyas Susilo Utami

Nim : 1710301121

Kelas : 8c1 Fisioterapi



D1 Flexion

- Shoulder Flexion, Adduction , Eksternal Rotation
- Forearm
- Supination
- Wrist – Radial Flexion
- Fingers – Flexion



D1 Extension

- Shoulder extension , Abduction , Internal Rotation
- Forearm, Pronation
- Wrist , Ulnar extension
- Fingers , extension



D2 Flexion

- Shoulder Flexion , Abduction Ekternal Rotation
- Forearm , Supination
- Wrist , Radial Flexion
- Finger , Extension



D2 Ekstension

- Shoulder Ektension , Adduction Internal rotation
- Forearm , Pronation
- Wrist , Ulnar ekstension
- Fingers , Flexion