

Nama : Asyiffa Hawa Arsilia

NIM : 1710301139

Kelas : 8C

- D1 Flexion :
 - o Shoulder FLEX, ADD, ER
 - o Forearm – sup
 - o Wrist – Rad. Flexion
 - o Fingers – flexion
- D2 Extension :
 - o Shoulder EXT, ADD, IR
 - o Forearm – Pro
 - o Wrist – Ulnar ext.
 - o Fingers – flexion
- D2 Flexion :
 - o Shoulder FLEX, ABD, ER
 - o Forearm – Sup
 - o Wrist – Rad. Flexion
 - o Fingers – Extension
- D1 Extension :
 - o Shoulder EXT, ABD, IR
 - o Forearm – Pro
 - o Wrist – Ulnar. Extension
 - o Fingers – Extension



Diagonal one :

1. F-ADD-ER
2. E-ABD-IR



Diagonal two :

3. F-ABD-ER
4. E-ADD-IR