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TUGAS TOPIK PATTERN UPPER EXTREMITY

1. Diagonal 1



Flexion Upper Extremity Joint

Specific Movement

- Shoulder : flexion, external rotation, adduction
- Forearm : supination
- Wrist : radial deviation
- Fingers : flexion



Flexion Upper Extremity Joint

Specific Movement

- Shoulder : extension, internal rotation, abduction
- Forearm : pronation
- Wrist : ulnar deviation
- Fingers : extension

2. Diagonal 2



Flexion Upper Extremity Joint

Specific Movements

- Shoulder : flexion,
external rotation,
abduction
- Forearm : supination
- Wrist : radial deviation
- Fingers : extension



Flexion Upper Extremity Joint

Specific Movements

- Shoulder : extension,
internal rotation,
adduction
- Forearm : pronation
- Wrist : ulnar deviation
- Fingers : flexion