

NAURA QOTRUNNADA / 1710301117

S1 FISIOTERAPI



D1 Flexion

- a. Shoulder flexion, adduction, & external rotation
- b. Forearm : supination
- c. Wrist : radial flexion
- d. Fingers : flexion



D1 Extension

- a. Shoulder extension, abduction, & internal rotation
- b. Fore arm : pronation
- c. Wrist : ulnar extension
- d. Fingers : extension



D2 Flexion

- a. Shoulder flexion, abduction, & external rotation
- b. Forearm : supination
- c. Wrist : radial flexion
- d. Fingers : extension



D2 Extension

- a. Shoulder extension, adduction, & internal rotation
- b. Forearm : pronation
- c. Wrist : ulnar extension
- d. Fingers : flexion