D1 flexion

Shoulder flexi, add, ER forearm- sup

Wrist- rad. Flexion finger-flexi.



D1 extension

Shoulder ext, abd, IR forearm- pro wrist- ulnar

Extension finger- extension



D2 flexion

Shoulder flexi, abd, ER forearm- sup wrist- rad.

Flexion fingers- extension.



D2 extension

Shoulder ext, add, IR forearm- pro wrist- ulnar

Ext. fingers- flexion