Nama : Adinda Riyan Puspita

NIM : 1710301040

Kelas : 8A

* D1 Flexion :
	+ Shoulder FLEX, ADD, ER
	+ Forearm – sup
	+ Wrist – Rad. Flexion
	+ Fingers – flexion
* D2 Extension :
	+ Shoulder EXT, ADD, IR
	+ Forearm – Pro
	+ Wrist – Ulnar ext.
	+ Fingers – flexion
* D2 Flexion :
	+ Shoulder FLEX, ABD, ER
	+ Forearm – Sup
	+ Wrist – Rad. Flexion
	+ Fingers – Extension
* D1 Extension :
	+ Shoulder EXT, ABD, IR
	+ Forearm – Pro
	+ Wrist – Ulnar. Extension
	+ Fingers – Extension



Diagonal one :

1. F-ADD-ER
2. E-ABD-IR

 

Diagonal two :

1. F-ABD-ER
2. E-ADD-IR