


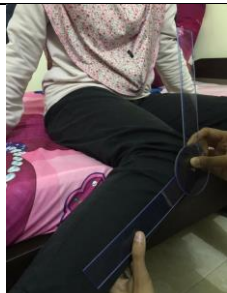


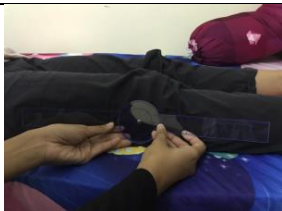
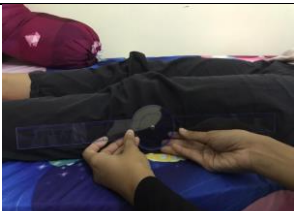
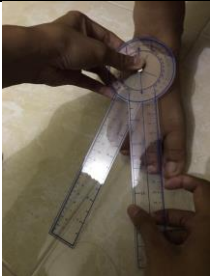
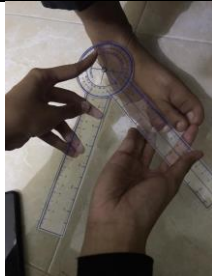








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PRATIUM DA 9 PENGUKURAN LGS & FLEKSIBILITAS LOWER EXTREMITY & VERTEBRA

NAMA GERAKAN	GAMBAR GERAKAN			
	AKTIF	ROM	PASIF	ROM
Fleksi Hip		115		130
Ekstensi Hip		20		25
Abduksi Hip		30		40
Adduksi Hip		30		40

Endorotasi		50		55
Eksorotasi		40		55
Fleksi Knee		130		135
Ekstensi Knee		0		0
Inversi		25		45

Eversi	 A person is using a goniometer to measure the angle of eversion of the foot. The goniometer is placed on the floor, and the foot is positioned on it. The person is holding the goniometer steady with one hand and adjusting the foot with the other.	50	 A person is using a goniometer to measure the angle of eversion of the foot. The goniometer is placed on the floor, and the foot is positioned on it. The person is holding the goniometer steady with one hand and adjusting the foot with the other.	60
Dorsal	 A person is using a goniometer to measure the angle of the foot in the dorsal view. The goniometer is placed on the floor, and the foot is positioned on it. The person is holding the goniometer steady with one hand and adjusting the foot with the other.	10	 A person is using a goniometer to measure the angle of the foot in the dorsal view. The goniometer is placed on the floor, and the foot is positioned on it. The person is holding the goniometer steady with one hand and adjusting the foot with the other.	15
Plantar	 A person is using a goniometer to measure the angle of the foot in the plantar view. The goniometer is placed on the floor, and the foot is positioned on it. The person is holding the goniometer steady with one hand and adjusting the foot with the other.	55	 A person is using a goniometer to measure the angle of the foot in the plantar view. The goniometer is placed on the floor, and the foot is positioned on it. The person is holding the goniometer steady with one hand and adjusting the foot with the other.	60